



LAMPTON-LOVE, INC

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Date: January 17, 2025
To: All Branch Managers
From: Kelly Meeks
Safety Director 
Subject: Branch Office Monthly Safety Meeting – January 2025

Company policy requires that each branch office hold a minimum of one safety meeting each month with the documentation of the material covered and the attendance being recorded on the “Monthly Safety Meeting Minutes and Attendance Record” (see attached form). **Please detach the Monthly Safety Meeting Minutes and Attendance Record, fill it out and e-mail or fax a copy to Lynn Mathis or LLSafety@lamptonlove.com.** *Please keep the original for your records.*

NOTE: ONLY the Monthly Safety Meeting Minutes and Attendance Records are to be sent in.

To assist you in complying with this requirement, the following subjects are for your Monthly Safety Meeting, for the month of January 2025. You may add topics, but please document the following topics:

Safety Meeting: 1. Drive Like Your Life Depends On It

It is recommended that you thoroughly read this material prior to your meeting.

Topics begin immediately on the next page.

It is strongly recommended that you use the 3-ring binder to store the last 12 months of the Safety Meeting Minutes and Attendance Record Form!!! This material should be referred to or used to train new employees from the website. This manual should be kept in an area of the office that is easily accessible to all employees.

Be Smart...Be Safe and Be Courteous!!!



PROPANE
EXCEPTIONAL ENERGY



Drive like your life depends on it—because it does!

Your safety and well-being are our top priorities. By monitoring and coaching driving behavior, we aim to ensure everyone returns home safely.

1. *Rolling Stops*

- **Reminder:** Always come to a complete stop at stop signs.
- **Why it Matters:**
 - **700,000 accidents** occur annually at stop signs.
 - Rolling through a stop sign can cost lives.

Running a stop sign can have significant consequences for a Commercial Driver's License (CDL) holder

- **Traffic Violation:** Running a stop sign is considered a moving violation, which can lead to fines, points on your driving record, and potential insurance rate increases.
 - **CDL-Specific Penalties:** CDL holders are held to higher standards than non-commercial drivers. Even if the offense occurs while driving a personal vehicle, it may affect their CDL status.
 - **Serious Traffic Violation:** Depending on the state, running a stop sign might be classified as a serious traffic violation. Accumulating two serious violations within three years can lead to a **60-day disqualification** of the CDL. A third offense can result in a **120-day disqualification**.

2. *Speeding*

- **Reminder:** Improper speed is the leading cause of motor vehicle accidents.
- **Why it Matters:**
 - Saves only **26 seconds daily** on average—not worth the risk.
 - **33%** of fatal accidents involve speeding.

Speeding as a CDL driver has severe impacts, including:

- **Fines and Penalties:** State fines for speeding, often higher for CDL holders.
- **CSA Points:** Speeding 6-10 mph over the limit adds 4 points; 11-14 mph over adds 7 points. More severe speeding violations incur greater penalties.
- **License Suspension:** Serious speeding violations (15+ mph over the limit) are considered "serious traffic offenses." Two such offenses within three years may result in a 60-day CDL disqualification.
- **Employment Risk:** Speeding violations damage driving records.

- **Insurance Rates:** Violations can lead to increased personal and commercial insurance premiums.
- **Safety Rating:** Repeated speeding harms carrier safety ratings, potentially leading to audits or intervention by DOT.

3. Seatbelt

- **Reminder:** Always wear your seatbelt.
- **Why it Matters:**
 - Reduces the risk of fatal injury by **50%**.
 - Every **47 minutes**, someone dies from not wearing a seatbelt.
 - It's not just policy; it's the law.

Additionally, the Department of Transportation requires CDL drivers to wear a seat belt while operating a commercial motor vehicle (**at all times** when the vehicle is in operation).

Penalties for Not Wearing a Seat Belt

- **Driver Fine:** The fine for not wearing a seat belt varies by state but typically ranges from \$50 to \$300.
- **Carrier Penalty:** If a driver is found not wearing a seat belt, the motor carrier employing them may also face fines of up to **\$15,420** per violation.
- **CSA Points:** A violation will add **7 CSA (Compliance, Safety, Accountability) points** to the driver and carrier's safety record, which can negatively affect the carrier's DOT safety rating.

Drive safe. Follow the rules. Protect lives.

"The truck shouldn't start 'til you cross your heart."

Improving Driver Behavior

Managers, please review with all of your employees:

As discussed during our last safety call, we're increasing our focus on improving driver behaviors to enhance safety and manage rising insurance costs. While we've been sharing speed reports and alerts with you, we're now taking it a step further with the introduction of a driver scoring system.

Here's what to expect with this new initiative:

1. **Driver Scores:** We've set parameters to evaluate various driving behaviors, including speeding over posted limits, rolling stops, lane departure, harsh turns, following distance, and more. These scores will highlight both good and poor driving habits.
2. **Weekly Reports:** You'll receive weekly updates that show your drivers' scores. Use these to keep safety top of mind and encourage better driving habits.
3. **Recognition and Coaching:** We'll recognize top-performing drivers with incentives and provide additional coaching to those with lower scores. Our goal is for every driver to achieve a score of 90 or above.
4. **Branch Competitions:** To make this initiative engaging, we're introducing friendly competitions between branches to encourage top performance.

Colt has worked very hard to develop and implement this program and will be closely monitoring its progress. If you have feedback or ideas, please don't hesitate to share them with him. Our overarching goal is to promote safe driving habits and create a culture of responsible driving. Please take time to remind your drivers about the importance of good driving behaviors and let them know how seriously we take this initiative.

JANUARY 2025

MONTHLY SAFETY MEETING

MINUTES & ATTENDANCE RECORD

Company Name: _____

City: _____ **State:** _____

Date: _____ **Time Started:** _____ **Time Finished:** _____

Instructed By: _____ **Number Attending:** _____

Subject Covered and Comments: Safety Meeting: 1. Drive Like Your Life Depends On It;
2. Improving Driver Behaviors _____

By my signature below, I certify that I attended and participated in this Safety Meeting, and I understand the material presented.

Employee Name (Please print)	Employee Signature	License Expires *	Endorsements**	DOT Physical Expires***
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				

**List driver's license expiration date in this column.*

***Check licenses for proper endorsements and re-testing (For example: "HazMat") List endorsements in this column.*

****List DOT physical expiration date in this column.*

By my signature below, I hereby certify that the employees listed above have been trained in accordance with the applicable regulation and curriculum for this monthly safety meeting.

Instructor's Signature: _____

Date: _____

E-Mail or fax this sheet only to: Lampton-Love, Inc. to:

Kelly Meeks/Lynn Mathis -- LLSafety@lamptonlove.com

P. O. Box 1607, Jackson, MS 39215-1607 Fax #:601-933-3417