



LAMPTON-LOVE, INC

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Date: July 11, 2022

To: All Branch Managers

From: Gene Maddox,
Kelly Meeks
Safety Director

Subject: Branch Office Monthly Safety Meeting – July 2022

Company policy requires that each branch office hold a minimum of one safety meeting each month with the documentation of the material covered and the attendance being recorded on the “Monthly Safety Meeting Minutes and Attendance Record” (see attached form). **Please detach the Monthly Safety Meeting Minutes and Attendance Record, fill it out and e-mail or fax a copy to Lynn Eldridge. Please keep the original for your records.**

NOTE: ONLY the Monthly Safety Meeting Minutes and Attendance Records is to be sent in.

To assist you in complying with this requirement, the following subjects are for your Monthly Safety Meeting, for the month of July 2022. You may add topics, but please document the following topics:

1. News Briefs!!! (Injury Statistics)
2. Safety Meeting: (Rollovers Can be Prevented)

It is recommended that you thoroughly read this material prior to your meeting.

It is strongly recommended that you use the 3-ring binder to store the last 12 months of the Safety Meeting Minutes and Attendance Record Form!!! This material should be referred to or used to train new employees from the website. This manual should be kept in an area of the office that is easily accessible to all employees.

Be Smart...Be Safe and Be Courteous!!!



PROPANE
EXCEPTIONAL ENERGY

NEWS BRIEFS!!!

(This monthly “column” will include short newsworthy topics, which will serve as a friendly reminder to us all)

Injury Statistics

We have to talk about safety EVERY DAY. The more you talk, the more folks listen and the more it sticks. Making safety a daily discussion and not just weekly or monthly can really make a difference.

Nothing we share is new to yall. It’s what you learn *after you know it all* that counts!

DID YOU KNOW SPRAINS AND STRAINS ARE THE MOST COMMON TYPES OF INJURIES WITHIN OUR COMPANY (ERGON/LAMPTON LOVE)?

A sprain involves stretching or tearing a ligament, which is the tissue that connects bones to other bones. Ankle, knee and wrist injuries account for most sprains. Over the last 3 years, sprains and strains have accounted for nearly 46 of our injuries and a total of **\$480,982**. This averages to **\$9,054** per injury.

How can we reduce those numbers? What can we do?

- Wear appropriate/proper-fitting footwear.
- Use extra caution/watch your step... hazards are everywhere on our jobs. It is easy to fall or trip over something (possibly covered by leaves, dirt, etc.) and roll an ankle.
- When stepping down from truck, off ladders, the backend of truck beds or even trailers, always look where you are placing your feet before you put your full weight down (very easy to twist an ankle or knee).
- Practice proper lifting techniques. If you need help- ASK.

Over half of our injuries this year (8 of 15) resulted in a type of strain. We can’t afford to continue this path. We need all of you **at your best**.

For most of us, driving is the single most dangerous thing we do every day. But because we do so much of it, it is also the most mundane, ordinary and casual function we perform. Much of the time we hardly think of its inherent risks.

In recent months, we have had several vehicle incidents; collisions, a bobtail ran off the road, a couple "reversing incidents" causing damaged to parked vehicles, etc.

You are the difference between a safe arrival and another statistic

ROLLOVERS CAN BE PREVENTED



Over 1,300 cargo tank rollovers are reported each year – an average of nearly 4 rollovers every day.

Drivers might believe that rollovers happen only in poor driving conditions or in the dark of night. The truth is **2/3 of rollovers occur during the day** with over half occurring on dry, straight roads.

In fact, even excessive speed isn't the highest contributing factor to rollover accidents. Only 28% of all cargo tank accidents involve driving too fast for conditions, and evasive maneuvers account for only 5-10% of rollovers.

Even veteran drivers are involved in rollovers, with 66% of accidents involving drivers with more than 10 years of experience.

Rollovers can happen to any driver, any time.

WHAT CAUSES ROLLOVERS

Many rollovers can be prevented by drivers, as studies show that many are caused by behaviors such as drowsiness, inattention, or incorrect turning.

Load size is also a factor in crashes, with 63% of rollovers occurring with cargo tanks carrying partial loads.

Your **vehicle's condition** also plays a role. In one study, 54% of vehicles in rollovers had a brake defect of some sort.

Cargo tank rollover statistics are from the 2007 Cargo Tank Roll Stability Study, located at: <http://www.fmcsa.dot.gov/safety/carrier-safety/cargo-tank-roll-stability-study-final-report-april-2007>.



PREVENTION STARTS WITH YOU

Attentive driving can prevent most rollovers. Keep these tips in mind each time you drive:

- **BE ALERT** – Drivers can never be too comfortable behind the wheel. Always remain alert, and never drive drowsy.
- **KNOW YOUR LOAD** – Beware of the "slosh and surge" effect of cargo tanks, and how sudden load shifts can contribute to accidents.
- **CHECK YOUR VEHICLE** – Make sure brakes and tires are road safe.

Owners, managers, and others in the industry play a big part in helping drivers Keep the Load on the Road by providing training tools and reminding drivers of the causes of rollovers.

Share FMCSA's Cargo Tank Truck Prevention video with drivers, and help improve the consciousness of cargo tank drivers – preventing rollovers saves time, money, and lives.

www.fmcsa.dot.gov/rolloverprevention

JULY 2022 SAFETY MEETING

Preventing Rollovers

JULY 2022
MONTHLY SAFETY MEETING
MINUTES & ATTENDANCE RECORD

Company Name: _____

City: _____ **State:** _____

Date: _____ **Time Started:** _____ **Time Finished:** _____

Instructed By: _____ **Number Attending:** _____

Subject Covered and Comments:

1. Briefs: Injury Statistics _____
 2. Safety Meeting: Preventing Rollovers _____
- _____
- _____
- _____

By my signature below, I certify that I attended and participated in this Safety Meeting, and I understand the material presented.

Employee Name (Please print)	Employee Signature	License Expires *	Endorsements**	DOT Physical Expires***
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				

**List driver's license expiration date in this column.*

***Check licenses for proper endorsements and re-testing (For example: "HazMat") List endorsements in this column.*

****List DOT physical expiration date in this column.*

By my signature below, I hereby certify that the employees listed above have been trained in accordance with the applicable regulation and curriculum for this monthly safety meeting.

E-Mail or fax this sheet only to: Lampton-Love, Inc.

Instructor's Signature: _____

Gene Maddox/Lynn Mathis

Date: _____

P. O. Box 1607, Jackson, MS 39215-1507 Fax #:601-933-3417