



Healthy You! Wellness Procedures Coding Guidelines



Age	Sex	Procedures Recommended/ Number of Times Recommended for Age Range	CPT Codes Accepted for Each Procedure	ICD-10-CM Code
8 days through 35 months	M/F	- Preventive medicine evaluation, re-evaluation, or office visit/10 visits within the first 35 months of life beginning with the 8th day of life (As part of preventive medicine evaluation or re-evaluation, preventive counseling as appropriate for age or stage of development and risk factors present. See counseling recommendations.) - Hemoglobin, hematocrit, or CBC/I procedure at 12 months - Immunizations - Lipid Profile/I procedure per calendar year¹ (beginning at 2 years of age)	99381, 99382: Initial preventive medicine evaluation 99391, 99392: Periodic preventive medicine re-evaluation 85018: Hemoglobin 85013, 85014: Hematocrit 85025, 85027, 85032, 85041, G0306, G0307: CBC - See immunization codes. 80061: Lipid Profile 36415, 36416: Routine venipuncture	- Z00.111 Health check for newborn 8 to 28 days old - Z00.121 Encounter for routine child health examination with abnormal findings - Z00.129 Encounter for routine child health examination without abnormal findings - Z13.220 Encounter for lipid disorders
3-11 years	M/F	- Preventive medicine evaluation, re-evaluation, or office visit/I visit per calendar year (As part of preventive medicine evaluation or re-evaluation, preventive counseling as appropriate for age or stage of development and risk factors present. See counseling recommendations.) - Blood pressure, height and weight/I procedure per calendar year - Hemoglobin, hematocrit, or CBC/I procedure between ages 11-18 - Lipid Profile/I procedure per calendar year¹ - Immunizations - Glucose/I procedure per calendar year (only for high-risk individuals²)	99382, 99383: Initial preventive medicine evaluation 99392, 99393: Periodic preventive medicine re-evaluation 85018: Hemoglobin 85013, 85014: Hematocrit 85025, 85027, 85032, 85041, G0306, G0307: CBC 80061: Lipid Profile - See immunization codes. 82947: Glucose, quantitative 82948: Glucose, blood, reagent strip 36415, 36416: Routine venipuncture	- Z00.121 Encounter for routine child health examination with abnormal findings - Z00.129 Encounter for routine child health examination without abnormal findings - Z13.220 Encounter for lipid disorders - Z13.1 Encounter for screening for diabetes mellitus

¹ See page 10 for additional lipid screening guidelines

² See page 10 for additional glucose screening guidelines



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Age	Sex	Procedures Recommended/ Number of Times Recommended for Age Range	CPT Codes Accepted for Each Procedure	ICD-10-CM Code
12-17 years	M/F	- Preventive medicine evaluation, re-evaluation, or office visit/1 visit per calendar year (As part of preventive medicine evaluation or re-evaluation, preventive counseling as appropriate for age or stage of development and risk factors present. See counseling recommendations.) - If female, include breast exam if appropriate for stage of development/1 procedure per calendar year - Blood pressure, height and weight/1 procedure per calendar year - Hemoglobin, hematocrit, or CBC/1 procedure between ages 11-18 - Immunizations - Lipid Profile/1 procedure per calendar year¹ - Glucose/1 procedure per calendar year (only for high-risk individuals²)	99384: Initial preventive medicine evaluation 99394: Periodic preventive medicine re-evaluation 85018: Hemoglobin 85013, 85014: Hematocrit 85025, 85027, 85032, 85041, G0306, G0307: CBC - See immunization codes. 80061: Lipid Profile 82947: Glucose, quantitative 82948: Glucose, blood, reagent strip 36415, 36416: Routine venipuncture	- Z00.121 Encounter for routine child health examination with abnormal findings - Z00.129 Encounter for routine child health examination without abnormal findings - Z12.39 Encounter for other screening for malignant neoplasm of breast - Z13.220 Encounter for screening for lipid disorders - Z13.1 Encounter for screening for diabetes mellitus
18-34 years	F	- Preventive medicine evaluation, re-evaluation, or office visit/1 visit per calendar year (As part of preventive medicine evaluation or re-evaluation, preventive counseling as appropriate for age or stage of development and risk factors present. See counseling recommendations.) - Blood pressure, height and weight/1 procedure per calendar year - Breast exam/1 procedure per calendar year - Hemoglobin, hematocrit, or CBC/1 procedure between ages 11-18 - Immunizations - Pelvic exam/1 procedure per calendar year - Pap smear/1 procedure every 3 years for ages 21-29 - Pap smear/1 procedure every 3 years for ages 30-34 or 1 procedure every 5 years with HPV test - Lipid profile/1 procedure per calendar year - Glucose/1 procedure per calendar year (only for high-risk individuals²)	99385: Initial preventive medicine evaluation 99395: Periodic preventive medicine re-evaluation 85018: Hemoglobin 85013, 85014: Hematocrit 85025, 85027, 85032, 85041, G0306, G0307: CBC - See immunization codes. 88141-88143, 88147, 88148, 88150, 88152-88153, 88164-88167, 88174, 88175, G0123, G0124, G0141, G0143, G0144, G0145, G0147, G0148: Pap smear 87624, 87625, 0500T: HPV test 80061: Lipid profile 82947: Glucose, quantitative 82948: Glucose, blood, reagent strip 36415, 36416: Routine venipuncture	- Z00.00 Encounter for general adult medical examination without abnormal findings - Z00.01 Encounter for general adult medical examination with abnormal findings - Z12.39 Encounter for other screening for malignant neoplasm of breast - Z01.411 Encounter for gynecological examination (general) (routine) with abnormal findings - Z01.419 Encounter for gynecological examination (general) (routine) without abnormal findings - Z12.72 Encounter for screening for malignant neoplasm of vagina - Z12.4 Encounter for screening for malignant neoplasm of cervix - Z13.220 Encounter for screening for lipid disorders - Z13.1 Encounter for screening for diabetes mellitus

¹ See page 10 for additional lipid screening guidelines

² See page 10 for additional glucose screening guidelines



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35-39 years	F	- Preventive medicine evaluation, re-evaluation or office visit/1 visit per calendar year (As part of preventive medicine evaluation or re-evaluation, preventive counseling as appropriate for age or stage of development and risk factors present. See counseling recommendations.) - Blood pressure, height and weight/1 procedure per calendar year - Breast exam/1 procedure per calendar year - Immunizations - Pelvic exam/1 procedure per calendar year - Pap smear/1 procedure every 3 years or 1 procedure every 5 years with HPV test - Lipid profile/1 procedure per calendar year - Mammogram/1 procedure per calendar year - Glucose/1 procedure per calendar year (only for high-risk individuals²)	99385: Initial preventive medicine evaluation 99395: Periodic preventive medicine re-evaluation - See immunization codes. 88141-88143, 88147, 88148, 88150, 88152-88153, 88164-88167, 88174, 88175, G0123, G0124, G0141, G0143, G0144, G0145, G0147, G0148: Pap smear 87624, 87625, 0500T: HPV test 80061: Lipid profile 77067: Mammography 77063: Screening digital breast tomosynthesis bilateral All mammography codes can be filed with modifier 26 for the interpretation of the mammogram. 82947: Glucose, quantitative 82948: Glucose, blood, reagent strip 36415, 36416: Routine venipuncture	- Z00.00 Encounter for general adult medical examination without abnormal findings - Z00.01 Encounter for general adult medical examination with abnormal findings - Z12.39 Encounter for other screening for malignant neoplasm of breast - Z01.411 Encounter for gynecological examination (general) (routine) with abnormal findings - Z01.419 Encounter for gynecological examination (general) (routine) without abnormal findings - Z12.72 Encounter for screening for malignant neoplasm of vagina - Z12.4 Encounter for screening for malignant neoplasm of cervix - Z13.220 Encounter for screening for lipid disorders - Z12.31 Encounter for screening mammogram for malignant neoplasm of breast - Z12.39 Encounter for other screening for malignant neoplasm of breast - Z13.1 Encounter for screening for diabetes mellitus

² See page 10 for additional glucose screening guidelines



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18-39 years	M	- Preventive medicine evaluation, re-evaluation or office visit/1 visit per calendar year (As part of preventive medicine evaluation or re-evaluation, preventive counseling as appropriate for age or stage of development and risk factors present. See counseling recommendations.) - Blood pressure, height and weight/1 procedure per calendar year - Hemoglobin, hematocrit, or CBC/1 procedure between ages 11-18 - Immunizations - Lipid profile/1 procedure per calendar year - Glucose/1 procedure per calendar year (only for high-risk individuals²)	99385: Initial preventive medicine evaluation 99395: Periodic preventive medicine re-evaluation 85018: Hemoglobin 85013, 85014: Hematocrit 85025, 85027, 85032, 85041, G0306, G0307: CBC - See immunization codes. 80061: Lipid profile 82947: Glucose, quantitative 82948: Glucose, blood, reagent strip 36415, 36416: Routine venipuncture	- Z00.00 Encounter for general adult medical examination without abnormal findings - Z00.01 Encounter for general adult medical examination with abnormal findings - Z13.220 Encounter for screening for lipid disorders - Z13.1 Encounter for screening for diabetes mellitus
40-49 years	F	- Preventive medicine evaluation, re-evaluation or office visit/1 visit per calendar year (As part of preventive medicine evaluation or re-evaluation, preventive counseling as appropriate for age or stage of development and risk factors present. See counseling recommendations.) - Blood pressure, height and weight/1 procedure per calendar year - Breast exam/1 procedure per calendar year - Immunizations - Pelvic exam/1 procedure per calendar year - Pap smear/1 procedure every 3 years or 1 procedure every 5 years with HPV test - Lipid profile/1 procedure per calendar year - Mammogram/1 procedure per calendar year - Glucose/1 procedure per calendar year	99386: Initial preventive medicine evaluation 99396: Periodic preventive medicine re-evaluation - See immunization codes. 88141-88143, 88147, 88148, 88150, 88152-88153, 88164-88167, 88174, 88175, G0123, G0124, G0141, G0143, G0144, G0145, G0147, G0148: Pap smear 87624, 87625, 0500T: HPV test 80061: Lipid profile 77067: Mammography 77063: Screening digital breast tomosynthesis bilateral - All mammography codes can be filed with modifier 26 for the interpretation of the mammogram. 82947: Glucose, quantitative 82948: Glucose, blood, reagent strip 36415, 36416: Routine venipuncture	- Z00.00 Encounter for general adult medical examination without abnormal findings - Z00.01 Encounter for general adult medical examination with abnormal findings - Z12.39 Encounter for other screening for malignant neoplasm of breast - Z01.411 Encounter for gynecological examination (general) (routine) with abnormal findings - Z01.419 Encounter for gynecological examination (general) (routine) without abnormal findings - Z12.72 Encounter for screening for malignant neoplasm of vagina - Z12.4 Encounter for screening for malignant neoplasm of cervix - Z13.220 Encounter for screening for lipid disorders - Z12.31 Encounter for screening mammogram for malignant neoplasm of breast - Z12.39 Encounter for other screening for malignant neoplasm of breast - Z13.1 Encounter for screening for diabetes mellitus

² See page 10 for additional glucose screening guidelines



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40-49 years	M	- Preventive medicine evaluation, re-evaluation or office visit/I visit per calendar year (As part of preventive medicine evaluation or re-evaluation, preventive counseling as appropriate for age or stage of development and risk factors present. See counseling recommendations.) - Blood pressure, height and weight/I procedure per calendar year - Immunizations - Lipid profile/I procedure per calendar year - Glucose/I procedure per calendar year	99386: Initial preventive medicine evaluation 99396: Periodic preventive medicine re-evaluation - See immunization codes. 80061: Lipid profile 82947: Glucose, quantitative 82948: Glucose, blood, reagent strip 36415, 36416: Routine venipuncture	- Z00.00 Encounter for general adult medical examination without abnormal findings - Z00.01 Encounter for general adult medical examination with abnormal findings - Z13.220 Encounter for screening for lipid disorders - Z13.1 Encounter for screening for diabetes mellitus
50 years and older	F	- Preventive medicine evaluation, re-evaluation or office visit/I visit per calendar year (As part of preventive medicine evaluation or re-evaluation preventive counseling as appropriate for age or stage of development and risk factors present. See counseling recommendations.) - Blood pressure, height and weight/I procedure per calendar year - Breast exam/I procedure per calendar year - Baseline Bone Density of hips or spine/I procedure per lifetime beginning at 65 years of age - Immunizations - Pelvic exam/I procedure per calendar year - Pap smear/I procedure for women ages 50 through 65 every 3 years or 1 procedure every 5 years with HPV test - Lipid profile/I procedure per calendar year - Mammogram/I procedure per calendar year or every 2 years - Flexible sigmoidoscopy/I procedure every five years or colonoscopy/I procedure every ten years³ - Glucose/I procedure per calendar year	99386, 99387: Initial preventive medicine evaluation 99396, 99397: Periodic preventive medicine re-evaluation 77080: Dual-energy x-ray absorptiometry - See immunization codes. 88141-88143, 88147, 88148, 88150, 88152-88153, 88164-88167, 88174, 88175, G0123, G0124, G0141, G0143, G0144, G0145, G0147, G0148: Pap smear 87624, 87625, 0500T: HPV test 80061: Lipid profile 77067: Mammography 77063: Screening digital breast tomosynthesis bilateral All mammography codes can be filed with modifier 26 for the interpretation of the mammogram. 45330, 45331, 45333, 45338, 45346, G0104: Sigmoidoscopy, flexible 44388, 44389, 44392, 44394, 44401, 45378, 45380, 45381, 45384, 45385, 45388, 45390, G0105, G0121: Colonoscopy 82947: Glucose, quantitative 82948: Glucose, blood, reagent strip 36415, 36416: Routine venipuncture	- Z00.00 Encounter for general adult medical examination without abnormal findings - Z00.01 Encounter for general adult medical examination with abnormal findings - Z12.39 Encounter for other screening for malignant neoplasm of breast - Z13.820 Encounter for screening for osteoporosis - Z01.411 Encounter for gynecological examination (general) (routine) with abnormal findings - Z01.419 Encounter for gynecological examination (general) (routine) without abnormal findings - Z12.72 Encounter for screening for malignant neoplasm of vagina - Z12.4 Encounter for screening for malignant neoplasm of cervix - Z13.220 Encounter for screening for lipid disorders - Z12.31 Encounter for screening mammogram for malignant neoplasm of breast - Z12.39 Encounter for other screening for malignant neoplasm of breast - Z12.12 Encounter for screening for malignant neoplasm of rectum - Z12.11 Encounter for screening for malignant neoplasms of colon - Z11.51 Encounter for screening for intestinal infectious diseases - Z13.1 Encounter for screening for diabetes mellitus

³ See page 10 for additional cancer screening guidelines



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50 years and older	M	- Preventive medicine evaluation, re-evaluation or office visit/I visit per calendar year (As part of preventive medicine evaluation or re-evaluation, preventive counseling as appropriate for age or stage of development and risk factors present. See counseling recommendations.) - Blood pressure, height and weight/I procedure per calendar year - Immunizations - Lipid profile/I procedure per calendar year - Flexible sigmoidoscopy/I procedure every five years or colonoscopy/I procedure every ten years³ - Glucose/I procedure per calendar year	99386, 99387: Initial preventive medicine evaluation 99396, 99397: Periodic preventive medicine re-evaluation - See immunization codes. 80061: Lipid profile 45330, 45331, 45333, 45338, 45346, G0104: Sigmoidoscopy, flexible 44388, 44389, 44392, 44394, 44401, 45378, 45380, 45381, 45384, 45385, 45388, 45390, G0105, G0121: Colonoscopy 82947: Glucose, quantitative 82948: Glucose, blood, reagent strip 36415, 36416: Routine venipuncture	- Z00.00 Encounter for general adult medical examination without abnormal findings - Z00.01 Encounter for general adult medical examination with abnormal findings - Z13.220 Encounter for screening for lipid disorders - Z12.12 Encounter for screening for malignant neoplasm of rectum - Z12.11 Encounter for screening for malignant neoplasms of colon - Z11.51 Encounter for screening for intestinal infectious diseases - Z13.1 Encounter for screening for diabetes mellitus

³ See page 10 for additional cancer screening guidelines



Healthy You!

Preventive/Wellness Diagnosis Codes



(The diagnosis codes listed in the table below should be used to report preventive/wellness evaluations.)

- Use diagnosis codes Z00.121, Z00.129, Z00.111, Z00.00, Z00.01, Z01.411, or Z01.419 whenever preventive/wellness evaluation and management (E/M) services are reported on the claim (other services may also be reported on the claim).
- Use diagnosis code Z23 to report preventive/wellness evaluations when the only service performed during the encounter is the administration of immunizations.
- Use diagnosis codes Z12.39, Z12.31, Z12.39, Z12.4, Z12.12, Z12.72, Z11.51, or Z12.11 to report special screenings for a specific disease (e.g., breast cancer).

ICD-10-CM Code	Code Text
Z23	Encounter for immunization
Z00.121	Encounter for routine child health examination with abnormal findings
Z00.129	Encounter for routine child health examination without abnormal findings
Z00.111	Health examination for newborn 8 to 28 days old
Z00.00	Encounter for general adult medical examination without abnormal findings
Z00.01	Encounter for general adult medical examination with abnormal findings
Z01.411	Encounter for gynecological examination (general) (routine) with abnormal findings
Z01.419	Encounter for gynecological examination (general) (routine) without abnormal findings
Z12.39	Encounter for other screening for malignant neoplasm of breast
Z12.31	Encounter for screening mammogram for malignant neoplasm of breast
Z12.39	Encounter for other screening for malignant neoplasm of breast
Z12.4	Encounter for screening for malignant neoplasm of cervix
Z12.12	Encounter for screening for malignant neoplasm of rectum
Z12.72	Encounter for screening for malignant neoplasm of vagina
Z11.51	Encounter for screening for intestinal infectious diseases
Z12.11	Encounter for screening for malignant neoplasm of colon
Z13.1	Encounter for screening for diabetes mellitus
Z13.220	Encounter for screening for lipid disorders
Z13.820	Encounter for screening for osteoporosis

* Routine vision and hearing testing is not reimbursed as a separate procedure but is considered a component of the preventive medicine evaluation or re-evaluation.



Healthy You!

Codes for Immunizations and Skin Test



Please use the appropriate code(s) when filing wellness claims which include immunizations or skin testing.

CPT Code	CPT Code Text	CPT Code	CPT Code Text
G0008	Administration of influenza virus vaccine	90644	Meningococcal conjugate vaccine, serogroups C & Y and haemophilus influenzae B vaccine (Hib-MenCY), 4 dose schedule, ages 2-18 months, for intramuscular use (Desc revised 7/1/2015)
G0009	Administration of pneumococcal vaccine	90646	Hemophilus influenza b vaccine (Hib), PRP-D conjugate, for booster use only, intramuscular use (Deleted 12/31/2015)
G0010	Administration of hepatitis B vaccine	90647	Hemophilus influenza b vaccine (Hib), PRP-OMP conjugate (3 dose schedule), for intramuscular use
G9141	Influenza A (H1N1) immunization administration (includes physician counseling the patient/family) * Effective 09/01/2009 (Deleted 12/31/2012)	90648	Hemophilus influenza b vaccine (Hib), PRP-T conjugate (4 dose schedule), for intramuscular use
90460	Immunization administration through 18 years of age via any route of administration, with counseling by physician or other qualified health care professional; first vaccine/toxoid component (New 01/01/2011)	90649	Human Papilloma Virus (HPV) vaccine, types 6, 11, 16, 18 (quadrivalent), 3 dose schedule, for intramuscular use, ages 9-26, once per lifetime (includes Gardasil).
90461	Immunization administration through 18 years of age via any route of administration, with counseling by physician or other qualified health care professional; each additional vaccine/toxoid component (List separately in addition to code for primary procedure.) (New 01/01/2011)	90650	Human Papilloma Virus (HPV) vaccine, types 16, 18, bivalent, 3 dose schedule (0, 1, 6 mos.), for intramuscular use, ages 9-26, once per lifetime (includes Cervarix).
90465	Immunization administration under 8 years of age (percutaneous, intradermal, subcutaneous, or intramuscular injection) when the physician counsels the patient/family; first injection (Deleted 12/31/2010)	90651	Human Papilloma Virus (HPV) vaccine, types 6, 11, 16, 18, 31, 33, 45, 52, 58, nonavalent, 3 dose schedule, for intramuscular use, ages 9-45, once per lifetime (Gardasil 9).
90466	Immunization administration under 8 years of age (percutaneous, intradermal, subcutaneous, or intramuscular injection) when the physician counsels the patient/family; each additional injection (Deleted 12/31/2010)	90653	Influenza vaccine, inactivated (IIV), subunit, adjuvanted, for intramuscular use
90470	H1N1 immunization administration (intramuscular, intranasal), including counseling when performed (Effective 09/28/2009)	90654	Influenza virus vaccine, trivalent (IIV3), split virus, preservative-free, for intradermal use
90471	Immunization administration; one vaccine	90655	Influenza virus vaccine, split virus, preservative free, 6-35 months dosage, for intramuscular or jet injection use
90472	Immunization administration; each additional vaccine	90656	Influenza virus vaccine, split virus, preservative free, ages 3-18 years, for intramuscular use
90620	Meningococcal recombinant protein and outer membrane vesicle vaccine, serogroup B (MenB), 2 dose schedule, ages 10-25, for intramuscular use	90657	Influenza virus vaccine, split virus, 6-35 months dosage, for intramuscular or jet injection use
90621	Meningococcal recombinant lipoprotein vaccine, serogroup B (MenB), 3 dose schedule (0,2,6 months), ages 10-25, for intramuscular use	90658	Influenza virus vaccine, split virus, ages 3-18 years, for intramuscular use
90630	Influenza virus vaccine, quadrivalent (IIV4), split virus, preservative free, ages 18-64, for intradermal use (Code reinstated 01/01/2015)	90660	Influenza virus vaccine, live, ages 2-49, for intranasal use (FluMist®) **
90632	Hepatitis A vaccine, adult dosage, for intramuscular use	90661	Influenza virus vaccine, derived from cell cultures, subunit, preservative and antibiotic free, for intramuscular use, ages 18 and above
90633	Hepatitis A vaccine, pediatric/adolescent dosage-2 dose schedule, for intramuscular use	90662	Influenza virus vaccine, split virus, preservative free, enhanced immunogenicity via increased antigen content, for intramuscular use, ages 65 and above
90634	Hepatitis A vaccine, pediatric/adolescent dosage-3 dose schedule, for intramuscular use	90669	Pneumococcal conjugate vaccine, 7 valent, for intramuscular use (Deleted 12/31/2015)
90636	Hepatitis A and B vaccine (HepA-HepB), adult dosage, for intramuscular use	90670	Pneumococcal conjugate vaccine, 13 valent, for intramuscular use

* Rubella Screening for Women of Childbearing Age: If patient is not pregnant and vaccination history is unknown, provide vaccination. Serology is not recommended prior to vaccination for non-pregnant women. If patient is pregnant, serology is recommended. If serology is negative, provide vaccination after delivery.

** FluMist® is recommended for patients 2-49 years of age. FluMist® is not recommended for patients who are pregnant, immunocompromised, actively wheezing, less than 5 years of age and currently wheezing, have a history of Guillain-Barre syndrome, or have asthma or other underlying medical condition that predisposes them to influenza complications.



Healthy You!

Codes for Immunizations and Skin Test



Please use the appropriate code(s) when filing wellness claims which include immunizations or skin testing.

CPT Code	CPT Code Text	CPT Code	CPT Code Text
90672	Influenza virus vaccine, quadrivalent, live, ages 2-49, for intranasal use	90713	Poliomyelitis vaccine, inactivated, (IPV), for subcutaneous or intramuscular use
90673	Influenza virus vaccine, trivalent (RIV3), derived from recombinant DNA, hemagglutinin (HA) protein only, preservative and antibiotic free, for intramuscular use	90714	Tetanus and diphtheria toxoids (Td) absorbed, preservative free, when administered to individuals 7 years or older, for intramuscular use
90674	Influenza virus vaccine, quadrivalent, ages 4 and older, for intramuscular use	90715	Tetanus, diphtheria toxoids and acellular pertussis vaccine (TdaP), when administered to individuals 7 years or older, for intramuscular use
90680	Rotavirus vaccine, pentavalent, 3 dose schedule, live, ages 2-8 months, for oral use	90716	Varicella virus vaccine, live, for subcutaneous use
90681	Rotavirus vaccine, human, attenuated, 2 dose schedule, live, ages 2-5 months, for oral use	90718	Tetanus and diphtheria toxoids (Td) absorbed, when administered to individuals 7 years or older, for intramuscular use (Deleted 12/31/2012)
90682	Influenza virus vaccine, quadrivalent (RIV4), derived from recombinant DNA, hemagglutinin (HA) protein only, preservative and antibiotic free, for intramuscular use	90719	Diphtheria toxoid, for intramuscular use (Deleted 12/31/2015)
90685	Influenza virus vaccine, split virus, preservative free, when administered to children 6-35 months of age, for intramuscular use	90720	Diphtheria, tetanus toxoids, and whole cell pertussis vaccine and Hemophilus influenza B vaccine (DTP-Hib), for intramuscular use (Deleted 12/31/2015)
90686	Influenza virus vaccine, split virus, preservative free, when administered to individuals 3 years of age and older, for intramuscular use	90721	Diphtheria, tetanus toxoids, acellular pertussis vaccine and Hemophilus influenza B vaccine, inactivated (DTaP-Hib) for intramuscular use (Deleted 12/31/2015)
90687	Influenza virus vaccine, quadrivalent (IIV4), split virus, 0.25 mL dosage, for intramuscular use	90723	Diphtheria, tetanus toxoids, acellular pertussis vaccine, Hepatitis B, and polio virus vaccine, inactivated (DtaP-HepB-IPV), for intramuscular use
90688	Influenza virus vaccine, split virus, when administered to individuals 3 years of age and older, for intramuscular use	90732	Pneumococcal polysaccharide vaccine, 23-valent, adult or immunosuppressed patient dosage, when administered to individuals 2 years or older, for subcutaneous or intramuscular use
90696	Diphtheria, tetanus toxoids, acellular pertussis vaccine and polio virus vaccine, inactive (DTaP-IPV), when administered to children 4 years through 6 years of age, for intramuscular use	90734	Meningococcal conjugate vaccine, serogroups A, C, Y and W-135, (tetraivalent), ages 2-55, for intramuscular use
90698	Diphtheria, tetanus toxoids, acellular pertussis vaccine, Hemophilus influenza B and polio virus vaccine, inactivated (DTaP-Hib-IPV) for intramuscular use	90736	Zoster (shingles) vaccine, live, for subcutaneous injection. Zostavax vaccine for shingles for individuals age 50 and older, once per lifetime.
90700	Diphtheria, tetanus toxoids, and acellular pertussis vaccine (DTaP) when administered to individuals younger than 7 years, for intramuscular use	90739	Hepatitis B vaccine (HepB), adult dosage, 2 dose schedule, for intramuscular use
90701	Diphtheria, tetanus toxins, and whole cell pertussis vaccine (DTP), for intramuscular use (Deleted 12/31/2012)	90740	Hepatitis B vaccine, dialysis or immunosuppressed patient dosage (3 dose schedule), for intramuscular use
90702	Diphtheria and tetanus toxoids (DT) absorbed when administered to individuals younger than 7 years, for intramuscular use	90743	Hepatitis B vaccine, adolescent (2 dose schedule), for intramuscular use
90703	Tetanus toxoid absorbed, for intramuscular use (Deleted 12/31/2015)	90744	Hepatitis B vaccine, pediatric/adolescent dosages (3 dose schedule), for intramuscular use
90704	Mumps virus vaccine, live, for subcutaneous use (Deleted 12/31/2015)	90746	Hepatitis B vaccine, adult dosage, for intramuscular use
90705	Measles virus vaccine, live, for subcutaneous use (Deleted 12/31/2015)	90747	Hepatitis B vaccine, dialysis immunosuppressed patient dosages (4 dose schedule), for intramuscular use
90706	Rubella virus vaccine, live, for subcutaneous use * (Deleted 12/31/2015)	90748	Hepatitis B and Hemophilus influenza B vaccine (HepB-Hib), for intramuscular use
90707	Measles, mumps and rubella virus vaccine (MMR), live, for subcutaneous use *	90750	Zoster (shingles) vaccine (HZA), recombinant, subunit, adjuvanted, for intramuscular use
90708	Measles and rubella virus vaccine, live, for subcutaneous use * (Deleted 12/31/2015)	90756	Influenza virus vaccine, quadrivalent (CCIV4), derived from cell cultures, subunit, antibiotic free, 0.5 ml dosage, for intramuscular use
90710	Measles, mumps, rubella, and varicella vaccine (MMRV), live, for subcutaneous use *	86580	Skin test; tuberculosis, intradermal

* Rubella Screening for Women of Childbearing Age: If patient is not pregnant and vaccination history is unknown, provide vaccination. Serology is not recommended prior to vaccination for non-pregnant women. If patient is pregnant, serology is recommended. If serology is negative, provide vaccination after delivery.



Healthy You!

Counseling Recommendations



You should provide preventive counseling on the following topics to patients of the appropriate age or stage of development. Preventive counseling and risk assessment are an integral part of preventive medicine evaluations and re-evaluations. Preventive counseling should also be provided as appropriate during other patient encounters.

Topic	Age(s) to Consider Counseling for Patient and/or Parent
Counseling to promote physical activity	All ages
Counseling to promote a healthy diet and healthy weight	All ages
Counseling to prevent or stop smoking / tobacco use	Ages 9 and up
Counseling to promote achievement of developmental milestones and healthy cognition	infancy-adolescence
Counseling to promote healthy emotional and social well-being	All ages
Counseling to prevent chronic health disease related to personal or family health risk factors	All ages
Counseling to prevent motor and sports vehicle injury to include speed and use of car seats, seat belts and helmets	All ages
Counseling to prevent household and recreational injuries	All ages
Counseling to prevent lead exposure and identify exposure risk	6 months - 6 years
Counseling to prevent alcohol / drug abuse	Ages 9 and up
Counseling to prevent unintended pregnancy	As appropriate based on stage of development and sexual activity
Counseling to prevent sexually transmitted diseases	As appropriate based on stage of development and sexual activity

Additional Screening Guidelines for Cholesterol, Glucose and Cancer:

¹ **Annual lipid profile screenings are available beginning at age 2.**

High-risk individuals should have their first lipid profile screening before age 11. A fasting lipid profile is the recommended screening method. If values are within the normal reference range, the patient should be retested in 3-5 years. High-risk is defined as a family history of high lipids or early CVD; or unknown history; or other CVD risk factors such as overweight, obesity, hypertension or diabetes.

² **Annual glucose screenings are available for high-risk individuals between the ages of 3 - 39.**

High-risk individuals are defined as follows:

- Family history of diabetes (i.e., parents or siblings with diabetes)

- Obesity
- Blood pressure of 135/80 or greater
- Race/ethnicity (i.e., African-Americans, Hispanic-Americans, Native Americans, Asian-Americans, or Pacific Islanders)
- Previously identified pre-diabetic or diagnosed diabetic
- Low HDL cholesterol or high triglycerides
- History of gestational diabetes

³ **Flexible sigmoidoscopy and colonoscopy information:**

Consultations are not covered under *Healthy You!*.

Additional screenings (flexible sigmoidoscopy, colonoscopy) for individuals considered to be at high risk for colorectal cancer, as outlined below, may be covered under the appropriate medical portion of your health plan.

High-risk individuals in this category are defined as follows:

- Strong family history of colorectal cancer or polyps (in first-degree relative younger than 60 or two first-degree

relatives of any age). A first-degree relative is defined as a parent, sibling or child.

- Known family history of colorectal cancer syndromes
- Personal history of colorectal cancer polyps

Please note: The *Healthy You!* benefit covers only one of these visits per calendar year for patients. If a patient is referred to another provider to complete the wellness screening test(s) or for a consultation visit, only the wellness screening test(s) will be covered under the *Healthy You!* wellness benefit. Subsequent office visits and/or consultations are not covered under the *Healthy You!* wellness benefit.